

St Margaret's Primary School, Bolton Lane
An illustrated talk by Maureen Hatton, hosted by
the Ipswich group of the Suffolk Wildlife Trust
Admission £2 Call Dave Munday 01473 217310

24-25th October International Day of Climate
Action. Cornhill, Ipswich

Stalls on the Cornhill to raise awareness of
Climate Change and the urgency of taking
action. If you represent a charity, voluntary
organisation or government agencies that sup-
ports the Stop Climate Chaos policy, and would
like a stall, please contact Charles Croydon
(charles_croydon@hotmail.com)

26th-27th October - Open Evenings at Orwell
Astronomical Society, Orwell Park School
Observatory, Nacton
www.ast.cam.ac.uk/~ipswich/

1st November - World Vegan Day

28th November - Ipswich Green Fair, Town Hall

13th-15th November - Radical Routes Quarterly
Gathering, Brighton. If you're interested in co-
operative living or working, come with Gem,
John Helen and Kate from Ipswich's own
Housing Co-op for a weekend of consensus
decision making, facilitation and alternative
finance workshops. www.radicalroutes.org.uk

How to get involved in the Food Co-op

1. Promotion:

Tell everyone you know
about it and encourage
them to come along, shop,
and join. Put our leaflet or
an advert about us on your
blog, work bulletin board,
toddler's group
noticeboard etc. Think of
an event coming up (see
previous section!!) where
we could benefit from having an information stall
and book us in, then talk to Helen about how
best to staff it.



2. Signing up to do a Rota Shift at a trading session

Kate D is the Rota Officer now and she's been
the one sending out emails fortnightly gathering
members together to enable the food co-op to
open. Her email is tankgurl1@hotmail.com and
phone is 684449, so get in touch if you want
details of how to help out on a shift, what the
physical work involved is, and to put yourself



down for a particular trading date.
Her job would be much less onerous
if you could sign yourself up to the
online rota:
Go to www.gmail.com
USERNAME ipswichripplecic
PASSWORD yumyumyum123
At the top of the Inbox page, click the
Documents tab. A page appears with
all our downloadable spreadsheets
and resources on. Select Helpers
Rota; add your name and phone
number to the day you're free.

To finish click Save & Close at the top right,
then Sign Out at top right of page.

3. Come to a Meeting! Join a Working Group!

We try to arrange dates well in advance, on
weekday evenings. Working groups deal with
specific areas of the co-ops' running, namely:

Stock control & Ordering; John Fisher, Debbie
Lacey, Helen M & Nigel McKean, Ian St John
Health & Safety; Steve Marsden, Dave Penny
& Margaret Regnault

Development; Jon Halls, Helen M, John B

Membership; Joy Bounds, Megan

Finance; Celia Miller, Eleanor, Nigel McKean
& Gemma Sayers

Communications & Website; John Fisher

Secretarial; Gemma Sayers

Rota; Kate Dickinson

Contact them to join! They meet autonomously
when they need to, at trading sessions or down
the pub, otherwise they liaise via email/phone to
sort issues out. They send representatives to
each food co-op meeting to report back on their
activities and achieve a wider consensus if they
have a difficult decision to make.

Food co-op
meetings are
generally
accompanied by
hot beverages and
cake if you need a
culinary incentive,
and last an hour or
two. Agendas are open to input from all
members, so if you have concerns / a brainwave
bring it up then and there. Bring your diary if
you have a mind to sign up on the rota - that's
always a standing agenda item. See you soon! x

